



Galentine's Meet Up with Influencer Kirti Mehra and Movie Screening

Date- 14th February, 2025

Objectives: The session aimed to celebrate Galentine's Day, explore themes of friendship, personal growth, and career journeys, and provide insights into Kirti Mehra's experiences and perspectives.

Summary:

Pragati – The Women Development Cell of Daulat Ram College organized a vibrant Galentine's Day event to celebrate female friendships, self-growth, and empowerment. The event featured influencer Kirti Mehra, who shared her personal and professional journey, emphasized the importance of female solidarity, and engaged with the audience in an interactive Q&A session. The celebration also included a lamp lighting ceremony, a token of appreciation presentation, and dynamic segments like dance performances and engaging discussions.

Kirti began by acknowledging the significance of both Galentine's and Valentine's Day, while also recognizing a black day in India's history. She opened the floor to questions, offering insights into her career path, initial hesitation toward traditional employment, and exploration of alternative fields like cooking and choreography. She credited her family's support, highlighting their initial reservations about her dance aspirations, which later turned into encouragement. Inspired by YouTubers like Harsh Beniwal, she ventured into content creation. She also reflected on the financial responsibility her father instilled in her, emphasizing the distinction between essential needs and unnecessary spending.

During the Q&A session, Kirti spoke candidly about her fears, particularly the fear of losing her father, and how overcoming it freed her from the need for external validation. She highlighted the strength of female friendships, self-care through focus and ignoring negativity, and the power of resilience. She shared that loss shaped her more than achievements ever could. Encouraging fearlessness, she recounted learning to drive in just five days, urging women to overcome socially imposed fears. She credited her positivity to surrounding herself with honest, goal-oriented people, reinforcing the value of family respect and personal growth. The celebration concluded with fun games and a dance session, adding a lively, interactive element to the event.

Inspiring Movie Screening: Gunjan Saxena: The Kargil Girl

As part of the Galentine's Day celebration, Pragati – The Women Development Cell organized a special screening of Gunjan Saxena: The Kargil Girl. The film narrates the real-life journey of Flight Lieutenant Gunjan Saxena, one of India's first female combat pilots. The screening was carefully chosen to inspire and empower students, particularly young women, by showcasing a story of perseverance, ambition, and breaking societal barriers.

The film depicts the struggles and triumphs of Gunjan Saxena as she navigates a male-dominated field, facing gender bias, skepticism, and societal expectations. Despite these obstacles, her resilience, determination, and unwavering support from her family helped her carve out a space in the Indian Air Force. The movie portrayed the importance of hard work, courage, and self-belief in achieving one's dreams, regardless of societal limitations.

Key Outcomes:

- The event focused on the significance of female friendships, encouraging participants to build strong, supportive relationships that contribute to personal and professional growth.
- Kirti Mehra's session inspired students to cultivate resilience, financial independence, and self-belief, reinforcing the importance of determination and perseverance in achieving success.
- The interactive elements, including the Q&A session, dance performances, and games, created an engaging and inclusive environment, making empowerment both impactful and enjoyable.
- Students gained a deeper understanding of the gender biases that persist in many fields and the resilience required to overcome them.
- The screening of Gunjan Saxena: The Kargil Girl shed light on gender biases in male-dominated professions, motivating students to challenge limitations and pursue ambitious goals.



PRAGATI
WOMEN'S DEVELOPMENT CELL

presents

Galentines Meet up

**LOVE YOURSELF AND
EMBRACE YOUR
BEAUTY**

*A candid session
with Digital Creator
Kirti Mehra*

*14th Feb
2025*

Time:
12 - 1

Venue:
Conference
Hall, DRC

CONVENOR: DR. MALVIKA SINGH **PRINCIPAL: PROF. SAVITA ROY**



PRAGATI
WOMEN'S DEVELOPMENT CELL

invites you

FOR A FILM SCREENING



“
PLANE
LADKA
UDAYE YA
LADKI,
DONO KO
PILOT HI
BOLTE
HAI.
”



February 14,
2025



1:30- 3:00 pm



Conference
Hall, DRC

GUNJAN SAXENA

THE KARGIL GIRL

AWARDS

- The first female pilot in the Indian Air Force (IAF)
- Shaurya Chakra (1999)

Directed by
Sharan Sharma

Written by
Nikhil Mehrotra

