

## Events

The psychology department of daulat ram college is well known for organizing various conferences, workshops, capacity building programs, personality development programs throughout the academic year. Some of the highlights of such events are as follows:

### International conference

International conference on “Integrating Traditional Indian Healing Practices with Contemporary Western Health Systems” was organized in the Department on Jan 8-9 2019, Sponsored by the ICSSR.











## World mental health day

Mental health awareness programs, workshops and panel discussions are organized every year on this day by the Mental Health Centre under the Psychology Resource Centre. This year also witnessed several events on the 7th of October, 2021 on the theme proposed by WHO, was - 'Mental Health in an Unequal World.'

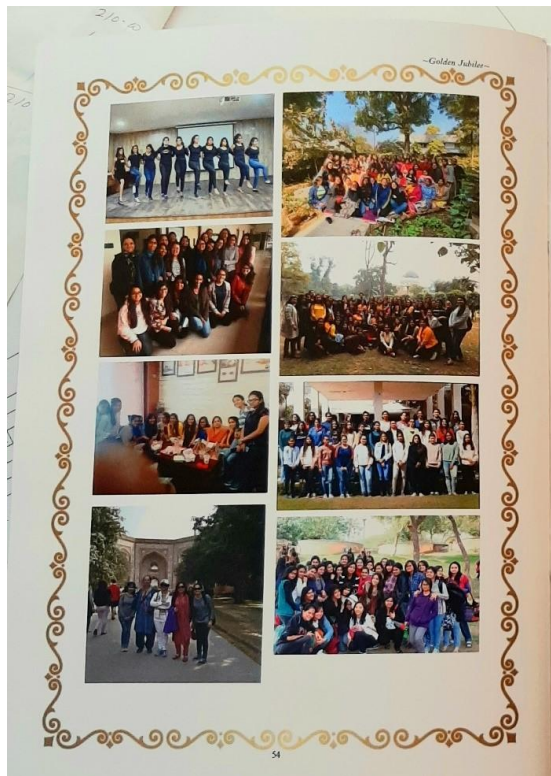


Golden jubilee celebration :

The Psychology department of Daulat Ram College, was established in the year 1969, and offers both BA and MA courses in psychology. On 5th march 2020, the department completed its 50 years to excellence in education, to commemorate this occasion a Golden Jubilee celebration was held.







Golden Jubilee

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"Power Finance Corporation is glad to be a partner of Department Of Psychology on this cherahable event"

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## Capacity Building Program:

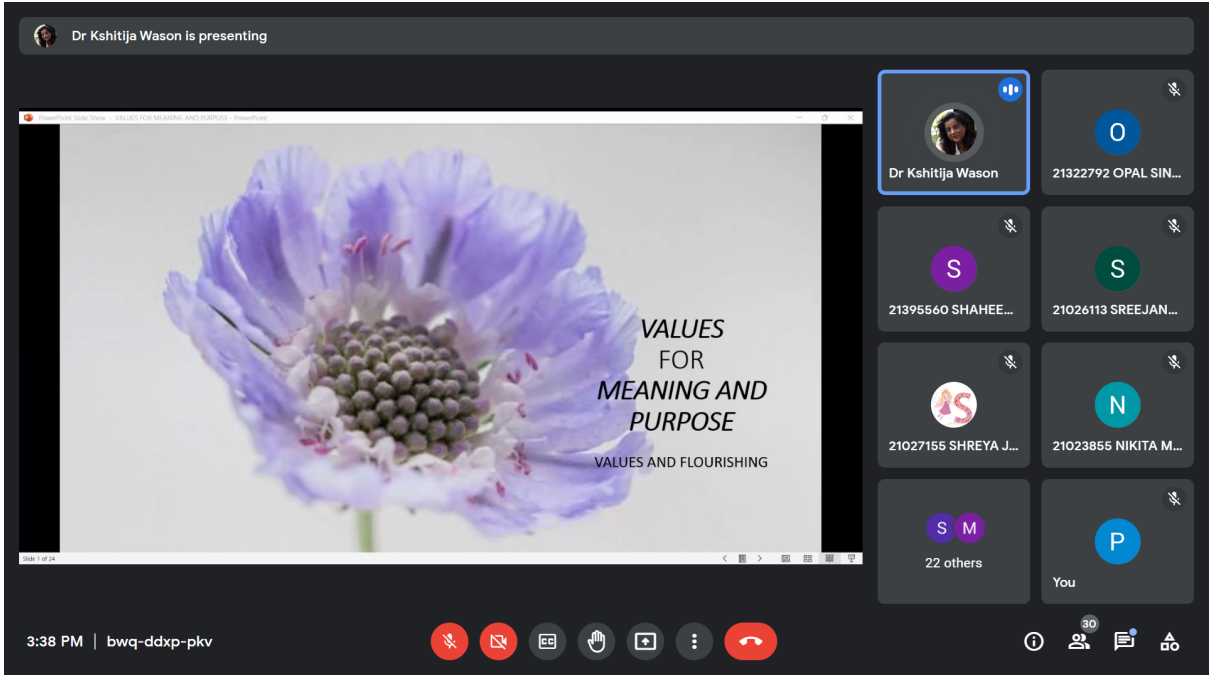
The Psychology resource centre organized Capacity building program that was envisioned to provide training about life skills to the non-teaching members of Daulat Ram College. A total of 12 sessions were organized from December 13 to December 20th 2021 spanning over 40 hours.





## VIIth VALUE ENGAGEMENT PROGRAMME (VEP)

Annual VEP was organized from 1st December 2021-10th February 2022 on the topic Values for Flourishing, where students learnt various values to enhance cognitive stimulation, improving emotional health, Behavioural exercises, and communication skills



The screenshot shows a Zoom meeting in progress. At the top, a status bar indicates "Dr Kshitija Wason is presenting". The main content area displays a presentation slide with a close-up image of a purple flower. The text on the slide reads: "VALUES FOR MEANING AND PURPOSE" and "VALUES AND FLOURISHING". To the right of the slide is a grid of participant tiles. The top tile shows "Dr Kshitija Wason" with a microphone icon. Below it are tiles for "21322792 OPAL SIN...", "21395560 SHAHEE...", "21026113 SREEJAN...", "21027155 SHREYA J...", "21023855 NIKITA M...", and "22 others". The bottom tile is labeled "You". At the bottom of the screen is a toolbar with icons for mute, video, chat, hand raise, share screen, and end meeting. The time "3:38 PM" and the meeting ID "bwq-ddxp-pkv" are visible in the bottom left corner.

meet.google.com

Form For Minutes | Classes | VEP VII Group B | Meet - bwq-ddxp-pkv | MINUTES OF VEP VII SESSION | MINUTES OF VEP VII SESSION

21027523 SANYA - ROHILLA is presenting

**"on the road of success, there is always we, not me"**

**Love laugh live**

**Muniba Mazari - Her life story teaches us about determination and perseverance.**

**Muniba Mazari Baloch is a Pakistani activist, anchor artist, model, singer and motivational speaker. When she was 21 years old, she was involved in an accident which left her paraplegic. Post-surgery, she was left bed-ridden for two years. Physiotherapy started, which helped her recover enough to use a wheelchair.**

**she started painting while in hospital recovering, she uses her skills to work with the elderly and children.**

**"You are the hero of your own life story; and Heroes never give up."**

**her work has been exhibited in various galleries as a solo artist as well as group exhibitions**

**"We are all keen to gain but how many of us are willing to loser? Always remember there are no major gains without major losses!"**

**her story teaches us the value of hope and resilience in our lives.**

**"Some trials come to sort the life of people out. They break you, deform you and then transform you into best version of you."**

**she was part of "Forbes 30 under 30" list in 2016 as well as BBC's "100 Inspirational"**

You

21027523 SANYA - ROHILLA

Dr Kshitija Wason

21035531 PRIYANSHI POKH...

26 others

4:07 PM | bwq-ddxp-pkv